

## Registration Form: Dating Dementia™ Class

Mail to: Puffins Presentation, LLC  
P.O. Box 704  
Sun Prairie, WI 53590

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Cost of the class is \$335.00

Pay Pal is available on the website when choosing to pay in full - \$335.

\_\_\_ I would like the early registration discount so please find my check for \$310.00 enclosed –**checks must be received no later than 10 days prior to the starting date of the class you have chosen to attend.**

\_\_\_ I would like to pay in installments. My \$30.00 registration fee is enclosed.

\_\_\_ We would like the “Join With a Friend” discount. Please find a registration and payment of \$285.00 for each of the \_\_\_\_\_ people in our group who are joining together.

**Cost of the class includes the book, workbook, the FDAS pre and post test and a \$30.00 non-refundable administration fee. Checks should be made out to Margaret Lambert.**

Drop-in’s are not allowed as space is limited.

**Dating Dementia™:** This class will provide participants with research based information related to the serious challenges of dating and establishing a healthy committed relationship. The class is a combination of lecture, reading, journaling and a safe space for discussion.

Being a graduate of this program opens the door to a new private Facebook community. This site is only open to individuals who have attended and graduated from the class. This includes being able to:

- ❖ Chat with other graduates on the forum
- ❖ Find events being planned
- ❖ Post your own event
- ❖ Post relationship questions or articles that you would like feedback on.
- ❖ Post your personal profile
- ❖ Begin to build a larger community of friends for yourself.

### FOR MORE INFORMATION

**Contact:** Margaret Lambert, LCSW

**Telephone:** 608/204-6076 ext. 1

**Email:** puffinspresentations@hotmail.com

**Website:**

[www.puffinspresentations.com/dating-dementia](http://www.puffinspresentations.com/dating-dementia)

# Dating Dementia™

Keeping Your Brain in the Dating Game



A serious class designed to address the current challenges of developing and maintaining healthy committed relationships.

Instruction by:

Margaret Lambert, L.C.S.W.

### Upcoming classes

January 7, 2016

March 24, 2016

July 14, 2016

October 6, 2016

**PUFFINS PRESENTATIONS, LLC**

# Dating Dementia™

## Keeping Your Brain in the Dating Game

Meeting new people and searching for someone special to spend your life with can be a fun and fulfilling time.

However, for some, dating has led to disappointment, hurt, and disillusionment. For others who have been through divorce, the fear of “choosing wrong” again interferes with the desire to try. And for those who are already dating, some would just like to identify potential problems before moving to marriage. If you fall into one of these categories, this class may help you be more successful in establishing a healthier relationship the next time around.

### What others have said about the class.

“I never thought learning could be so much fun, the class was worth every penny.”...Jeff K.

“Take it! It could change your life. It opened my eyes to so many of my old patterns and behaviors that weren’t working.” ...Jenna S.

“Fantastic! This class helped me get ideas on how to conduct myself better in dating situations as well as forced me to take a look at what I needed to change in order to be successful.”  
...Jessica W.

“The class exceeded my expectations. I didn’t realize how much research was available in regards to relationships.” ... D. Mayllen

I feel healed from the sad relationship ending that I experienced in 2009. I’m happier than I have been in a long time.  
... Jeanette H.

## INSTRUCTOR

**Margaret Lambert, L.C.S.W.** is a psychotherapist who has been in private practice in the Madison area for over eighteen years. She has extensive training and experience in pre-marriage counseling, marital therapy, as well as divorce recovery. Margaret has been involved in adult education and public speaking since 1996. She will provide you with valuable information through presentations, reading assignments and interactive discussions.

## WHAT THIS CLASS WILL COVER:

- Designing your own vetting process
- The role of brain chemistry in attraction
- How to recognize dating patterns and past mistakes that lead to unhappiness in dating
- Why opposites attract
- Layers of commitment
- The many levels of intimacy
- Values and other boundary issues
- The importance of commonality in dating
- The importance of “community” in dating
- Interviewing vs. dating
- How unfinished business from your first family affects who you pick as a date.
- Character vs Characteristics
- Stages of Relationships
- How to identify serious red flags
- Clarifying what you need in a relationship
- Improving communication skills
- Co-habitation vs Marriage
- How will you define commitment?

## GENERAL INFORMATION

### DATES:

January 7, 2016  
March 24, 2016  
July 14, 2016  
October 6, 2016

### LOCATION OF CLASS:

Sonas Behavioral Health  
6402 Odana Rd.  
Madison, WI 53719

**DURATION:** 1 night a week for 10 weeks.

**TIME:** 6:00 to 8:30 pm.

**COST:** \$335.00 – If payment is made through pay pal on the website.

\$310.00 –If a check for this amount is submitted along with a registration form no less than 10 days prior to the first night of class

\$285.00 each –**Join with a friend Discount.** This is for self-forming groups of 5 or more, all must submit their registration and a payment of \$285.00 at least ten days prior to the first night of the class they will be attending.

**The class fee includes the workbook and a non-refundable administrative fee.**

**CLASS SIZE IS LIMITED TO EIGHT**