Dating Dementia Registration Form

Mail to: Puffins Presentations, LLC P.O. Box 704 Sun Prairie, WI 53590

Name:	 	
Address:	 	
Home Phone: _	 	
Cell Phone: _	 	
Email:	 	

Class fee is \$450.00 (workbook included)

Make check/s payable to Margaret Lambert or Register with Pay Pal through the website.

- __ I would like the early registration discount so please find my check for \$440.00 enclosed –checks must be received **no** later than 10 days prior to the start date of the class you have chosen to attend.
- We would like the "Join with a Friend" discount. Please find a registration and payment of \$435.00 for each of the ____ people in our group who are joining together.

Contact: Margaret Lambert, LCSW

Telephone: 608/204-6076 ext. 1

Email: puffinspresentations@hotmail.com

Dating Dementia™: This class will provide participants with research-based information related to the serious challenges of dating and establishing a healthy committed relationship. The class is a combination of lecture, reading, journaling and a safe space for discussion.

Being a graduate of this program opens the door to a private Facebook community called The Gathering. This site is only open to individuals who have attended and graduated from the class. This includes being able to:

- Chat with other graduates on a private and monitored page
- Have access to events being planned by the activity directors.
- Post your own event
- Post relationship related questions or articles that you would like feedback on.
- Post your personal profile
- Begin to build a larger community of friends within a safe, non-dating environment.

Classes will be conducted over Zoom until fall 2023

FOR MORE INFORMATION

Website:

http://www.puffinspresentations.com/dating-dementia

Dating Dementia"

Keeping Your Brain in the Dating Game



A class designed to address the current challenges of developing a healthy committed relationship.

Instruction by:

Margaret Lambert, L.C.S.W.

Upcoming classes

January 19, 2023

April 20, 2023

July 13, 2023

October 5, 2023

(There will be no class on Thanksgiving)

PUFFINS PRESENTATIONS, LLC

Dating Dementia™

Keeping Your Brain in the Dating Game

Meeting new people and searching for someone special to spend your life with can be a fun and fulfilling time.

However, for some, dating has led to disappointment, hurt, and disillusionment.

For others who have been through a divorce the fear of another breakup can interfere with the desire to try. For those who are already dating, some would like to identify potential problems before moving to marriage. These situations can become even more complex when the brain's love potion becomes activated when a person falls in love.

What others have said about the class.

"I never thought learning could be so much fun, the class was worth every penny." ...Jeff K.

"Take it! It could change your life. It opened my eyes to so many of my old patterns and behaviors that weren't working." ...Jenna S.

"Fantastic! This class helped me get ideas on how to conduct myself better in dating situations as well as forced me to take a look at what I needed to change in order to be successful."

...Jessica W.

"The class exceeded my expectations. I didn't realize how much research was available in regards to relationships." ... D. Mayllen



INSTRUCTOR

Margaret Lambert, L.C.S.W.

is a psychotherapist who has been in private practice in the Madison area since 1997. She has extensive training and experience in premarriage counseling, marital therapy, as well as divorce recovery. Margaret has been involved in adult education and public speaking since 1980. She will provide you with valuable information through presentations, reading assignments and interactive discussions.

WHAT THIS CLASS WILL COVER:

- Designing your own vetting process
- **▼** The role of brain chemistry in attraction
- How to recognize dating patterns and past mistakes that lead to unhappiness in dating
- ▼ Why opposites attract
- Layers of commitment
- ▼ The 18 levels of intimacy
- Understanding boundary issues
- ▼ Margaret's 60 relationship values
- The importance of community in dating
- Observational interviewing vs. dating
- How baggage from your past affects who you pick as a date.
- Character vs. Characteristics
- Stages of Relationships
- ▼ How to identify serious red flags
- Clarifying your personal and relationship values
- Improving communication skills
- Co-habitation vs. Marriage
- ▶ How will you define commitment?

GENERAL INFORMATION

LOCATION OF CLASS:

Sonas Behavioral Health 6402 Odana Rd. Madison, WI 53719

Classes will be conducted over Zoom until we are allowed to return to an in-person venue.

DURATION:

1 night a week for 10 weeks.

TIME: 6:00 to 8:30 pm. CST

COST:

\$450.00 – Registration using this brochure or via pay pal on the website.

FEE INCLUDES:

- ▼ 25 hours class time
- Workbook
- 1-hour free personal telephone consultation with Margaret
- Invitation to a private FB page which is part of a non-dating social networking group for students and graduates
- A \$50 non-refundable registration fee

IN-CLASS SIZE IS LIMITED TO 8
Pre-registration is required.

